

EMBARK ON  
**A JOURNEY**  

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**THROUGH**  

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**TIME**  

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**Lost Time Is  
Never Found Again**

- BENJAMIN FRANKLIN

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# TIMELESS BEAUTY

Embark on a journey through time and feel rejuvenated in a tranquil sanctuary with our meticulously curated spa experiences.

33 is the club of time. Skincare slows down ageing, which prolongs the longevity of our skin; this is our skin withstanding the test of time.

Surrender to the intuitive touch of our therapists as you experience a deep sense of pampering and indulgence like no other. This selection of signature treatments features timeless secrets of wellness and beauty.

We believe in a simple philosophy; to provide bespoke treatments that give long-lasting results whilst you melt away into bliss, reviving your mind, body and soul.



# EXUDE TIMELESS

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# BEAUTY FROM INSIDE

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# OUT WITH SCIENCE

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33 Boutique Spa is Singapore's first and only spa to carry the sought-after Dr Baumann SkinIdent® range of treatments and products. The Swiss-German skincare brand has a long history of bringing skin, animal, and environmentally friendly revolutionary products.

DR. BAUMANN COSMETIC also differentiates itself from "organic cosmetics", as it is known that no exact quality criteria exist for these beauty products. Therefore, the term "bionome" was selected, derived from "Bionomy" – the science of the laws of life.

Bionome demonstrates that all Dr Baumann SkinIdent® products and their manufacturing is in harmony with the needs of the skin, health, animals and the environment.

- Free from parabens and preservatives
- Free from perfume
- Free of animal-derived ingredients – vegan and animal-friendly
- Free from mineral oils
- Without unnecessary outer packaging – environmentally friendly
- With a shelf life of over 30 months
- With multi-layered liposomes
- With natural essential oils

Dr Baumann SkinIdent® is exclusively available in Singapore at 33 Boutique Spa.

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**We guarantee:  
In our products, there are no  
chemical preservatives,  
no perfume and no mineral oils  
or paraffins from petroleum and  
are vegan-friendly.**

# MASSAGE

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60 MINUTES | MEMBER \$186 | NON-MEMBER \$233

90 MINUTES | MEMBER \$230 | NON-MEMBER \$288



## SERENITY

### LIGHT

Be pampered by this soft to medium massage, where soothing, long strokes and thumb pressure is applied to relax the body with a blend of essential oils. Enjoy the release of blocked channels that aim to balance your core chakra—designed to restore balance, boost your immune system, and improve circulation of your lymphatic system, providing tension relief with light stretching.

## RECHARGE

### DEEP

Revive the body as our therapist uses medium to strong massage strokes that dissolve muscle tension and alleviates internal tension. Restore vitality to your body's natural equilibrium state with deep movements and stretching techniques to relieve common discomforts. Therapeutic stretching enhances the body's flexibility and helps lower stress hormone levels whilst boosting endorphins.

## DE-STRESS

### UPPER BODY

A tension-busting massage treatment focused on the traditional stress-holding areas of the scalp, back, shoulders and neck. Perfect relief to rejuvenate tired and aching muscles. This massage encourages relaxation, relieves stress, and improves circulation, renewing you with a boost of energy.

# FACIAL

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## PURITY

45 MINUTES | MEMBER \$106 | NON-MEMBER \$133

CLEANSING · HYDRATING · REFRESHING

Be pampered by this soft to medium massage, where soothing, long strokes and thumb pressure is applied to relax the body with a blend of essential oils. Enjoy the release of blocked channels that aim to balance your core chakra—designed to restore balance, boost your immune system, and improve circulation of your lymphatic system, providing tension relief with light stretching.

## ANTIOXIDANT

90 MINUTES | MEMBER \$218 | NON-MEMBER \$273

RESTORATIVE · HEALING · BALANCING

This intense facial therapy is designed for sun-exposed, dry or damaged skin and delivers an exceptional nutrient-rich elixir that revitalises tired skin. The skin is healed using Dr Baumann's healing clay mask for gentle deep cleansing without stressing or draining the skin. A lymphatic drainage massage follows the treatment and drains the build-up of lymphatic fluid, delivering oxygen and pushing waste and toxins out of the lymph nodes. Finish this restorative treatment with smooth, vitamin-enriched skin that is deeply hydrated.

## CALMING

105 MINUTES | MEMBER \$226 | NON-MEMBER \$283

REGENERATING · DELICATE · BALANCING

This tranquilizing facial is designed to soothe and calm sensitive skin by encouraging cell rejuvenation. The brightening power-packed treatment is infused with Dr Baumann's LIPOSOME Multi-Active Chamomile, which penetrates deeper through the skin's layers with moisture-dispensing action in the skin. A vitamin-rich ampoule follows the treatment to improve the skin's ability to retain moisture and elasticity.

## RADIANCE

75 MINUTES | MEMBER \$122 | NON-MEMBER \$153

BRIGHTENING · RESTORATIVE · BALANCING

Immerse yourself with Dr Baumann® Liposome's range of skincare customized to your skin type and enriched with liposome for the ultimate experience. An intensive brightening treatment designed to restore the skin's natural glow. This treatment includes a ceramide mask followed by a delicate massage with acupressure. A perfect facial that will leave your skin refreshed and radiant.

# TIME

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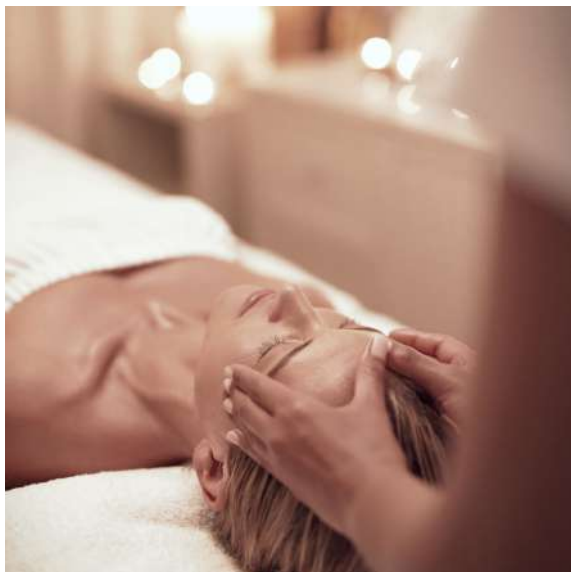
# DEFYING

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# FACIAL

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120 MINUTES | MEMBER \$346 | NON-MEMBER \$433



## TIGHTENING · LIFTING · ANTI - AGING

An authentic experience of extravagance, pamper yourself with this pioneering precision treatment that powerfully lifts and corrects the appearance of fine lines.

This immersive anti-ageing facial uses best-in-class technology to restore the face's natural architecture, supporting the extracellular matrix and dissolving deep muscle tension. Resulting in a sculpted appearance as the skin is infused with concentrated vitamins E and C, to provide you with the ultimate transformative session.

Complete your facial with a refined facial massage, which works away those knots and tensions. Stimulating circulation, this treatment leaves your skin firmer, younger and more relaxed.

# EYES

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## RADIATING GLOW

30 MINUTES | MEMBER \$82 | NON-MEMBER \$103

ANTI - AGEING · LIFTING

Paired with anti-inflammatory and lifting ingredients, this anti-ageing revitalising eye treatment targets crow's feet and dark circles and restores the delicate under-eye skin with firmness. The skin is plumped up with collagen to revive the elastin, eliminating signs of ageing. This vitamin-rich treatment keeps the area around the eyes visibly brighter while minimising the appearance of fine lines.

## DELICATE ALLURING

30 MINUTES | MEMBER \$82 | NON-MEMBER \$103

HYDRATING · LUMINATING

Restore radiance and youthfulness to keep your eyes bright and lively. This treatment targets the acupoints around your eyes that work to firm and tone the muscles and tissue, unveiling an instant, attractive youthful appearance. The perfect choice to nourish, protect and regenerate your skin for instant under-eye hydration. A blend of massage techniques and modern treatment brightens and awakens the delicate eye area.





# DÉCOLLETAGE

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## ILLUMINATING

30 MINUTES | MEMBER \$82 | NON-MEMBER \$103

BALANCING · HYDRATING · SOOTHING

Experience a deep sense of relaxation as your skin is enlivened with a concentrated conditioning treatment. Begin with advanced massage techniques to enhance blood circulation, followed by Dr Baumann's potent sculpting mask to improve your skin radiance. The liposome enhances cell function for an ultra comforting experience leaving the skin looking refreshed, radiant and vibrant.

## PRORADIANCE

45 MINUTES | MEMBER \$186 | NON-MEMBER \$233

FIRMING · REJUVENATING · LIFTING

A specially curated selection of skin boosters and multilayer liposomes that stimulate circulation and lymph flow. Begin with ultrasonic impulses to create an effective moisture barrier on the skin and boost epidermal regeneration. Continue your journey with an ultra-lifting mask focused on the dermis layer of the skin, stimulating collagen to recover skin firmness and elasticity. Enjoy renewed and calm skin within your skin's layers as it improves skin elasticity.

# Royal 33

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## JOURNEY

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150 MINUTES | MEMBER \$386 | NON-MEMBER \$483

### PREMIUM FACIAL

60 minutes

### BESPOKE MASSAGE

90 minutes

For a truly decadent spa experience, this bespoke head-to-toe package is tailored to your needs to ease tension where you need it most. Whether you have dry, oily or combination skin, begin with a skin analysis and let our therapist customize a face and body treatment that suits your needs.

Begin with a journey with a beautifying facial regime that cleanses and exfoliates with a feather-like facial massage technique combined with supercharged skincare to penetrate deep below the surface. Skin is further restored with a customized deep conditioning mask filled with multi-layer Liposomes, Vitamins and Ceramide for an unbelievable long-lasting effect of youthfulness.

As you transcend into a state of total relaxation, let our therapists create a customized massage to melt away the tension, making you feel replete and rebalanced. Our expertly trained therapists enjoy your journey with a marma point head massage to cleanse blocked energy flow by using the fingertips to stimulate or calm the Marma Point and promote physical, emotional and spiritual balance.

# FOR HIM

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## TENSION RELEASE

60 MINUTES | MEMBER \$186 | NON-MEMBER \$233  
90 MINUTES | MEMBER \$230 | NON-MEMBER \$288

This massage frees the body from all its tensions by working on highly stressed and overworked muscles. Designed to remove blockages, stress and fatigue with firm strokes and deep pressure to fine-tune muscle systems, ensuring a healthy supply of oxygen throughout the body.

## GENTLEMAN'S FACIAL

45 MINUTES | MEMBER \$106 | NON-MEMBER \$133  
CLEANSING · HYDRATING · REFRESHING

Explicitly designed for men, this facial aims to extract and exfoliate impurities within the skin. The facial starts with a deep cleanse, followed by exfoliation of dead skin on the face. The deep cleansing mask is applied to unclog pores, remove impurities, and deeply nourish with a cocktail of skin-loving ingredients to keep you refreshed and hydrated.

## GENTLEMAN'S WIND-DOWN

150 MINUTES | MEMBER \$386 | NON-MEMBER \$483

### DEEP CLEANING FACIAL

60 minutes

### CHOICE OF MASSAGE

90 minutes

Enjoy a tailor-made experience designed to detox and de-stress. Begin with a bespoke skincare experience which features a facial treatment designed for men, including deep cleansing, exfoliation, and age-intercepting treatment.

Continue your journey with a full body massage and let your tension melt away. Choose from a re energizing Swedish massage for complete relaxation or opt for a powerful deep-tissue massage that addresses tight muscle groups and pressure manipulation relief to enhance this rejuvenating experience.

# SPA

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# MEMBERSHIP

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## 33 BOUTIQUE SPA MEMBERSHIP

Enjoy the benefits of the 33 Boutique Spa by becoming a member of our exclusive circle. Pre-purchase spa credits to enjoy member pricing on all treatments.

Alternatively, you may choose to join our full-fledged 33 Club Membership to enjoy unlimited access to our member's area and enjoy a full range of benefits. Please speak to our membership team for more information.

### CENTENTIAL PLAN

SPA CREDITS \$5,000+

#### Benefits

- One lounge reservation per month
- Access to Spa Member pricing

### MILLENIAL PLAN

SPA CREDITS \$10,000+

#### Benefits

- Two lounge reservations per month
- Access to Spa Member pricing

### T&C

- Credits are valid for 12 months
- To extend the validity of the credits, spa credit re-purchase is required.

“**JOIN  
THE  
CLUB**”

# SPA

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# ETIQUETTE

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## RESERVATIONS

Advance booking is highly recommended to ensure availability. Please note that the spa is unsuitable for babies and children under 16 years of age, as we try to ensure that all our guests benefit from the tranquillity of the surroundings. We recommend that you do not sunbathe before and after facials.

## SPA ARRIVAL

You are encouraged to arrive 15 minutes prior to your treatment time. This will allow for a smooth check-in and the opportunity to relax before your treatment. Late arrivals will be subject to reduced treatment times. Mobile gadgets and other electronic devices should be on silent mode or switched off. Smoking on the premises is strictly prohibited. Please take time to relax in our tranquil surroundings before and after your therapy session.

## REFUND POLICY

Treatment packages and Spa products are strictly non-refundable. Incomplete portions of any of the treatment packages are non-transferable or exchangeable for another time.

## CANCELLATION POLICY

Should you need to cancel or rebook your 33 Boutique Spa treatment, we require a minimum of five hours' notice to avoid being charged 100% for your treatment time.

## SPA ATTIRE AND VALUABLES

When you arrive for your treatments, you will be provided with a spa robe and slippers as well as a locker to place your belongings. We recommend you leave all valuables in your suite as 33 Boutique Spa does not assume responsibility for lost items.

## HEALTH CONCERNS

Please notify the spa receptionists or therapists of any existing medical conditions. If you are pregnant or have any pre-existing conditions or allergies, please consult a doctor before booking any spa treatments or using the spa facilities. This will ensure your safety before having any treatments.

## SAFETY

We seek your patience and understanding of our strict safety regulations taken to ensure a safe environment for both our staff and our valued spa patrons.

Spa treatments are strictly non-sexual, and any form of verbal, sexual or physical harassment will not be tolerated.

All rates are in Singapore dollars and subject to local taxes and service charges.




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